





# January 2012

Mon	Tue	Wed	Thu	Fri	
<p><b>2</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">HOLIDAY BREAK</p> 	<p><b>3</b></p>	<p><b>4</b></p> <p>Otis Spunkmeyer Blueberry Muffin or Cereal &amp; Mini Bagel w/Jelly Chilled Diced Pears Choice of Milk</p> <p><b>Hamburger/Cheeseburger</b> Whole Grain Hamburger Bun French Fries Fruit Cocktail Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Boca Burger</b></p>	<p><b>5</b></p> <p>Eggo Mini Pancakes or Cereal &amp; Toast w/Jelly Chilled Peaches Choice of Milk</p> <p><b>Chicken Nuggets</b> Honey Mustard or BBQ Sauce Combread Broccoli Applesauce Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Vegetarian (Soy) Nuggets</b></p>	<p><b>6</b></p> <p>Scrambled Eggs &amp; Grits or Cereal &amp; Whole Grain Toast Potato Rounds Choice of Milk</p> <p><b>Super Nachos (Ground Turkey)</b> Tortilla Chips Mexican Corn Fresh Banana Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Super Nachos (Soy Crumble)</b></p>	
<p><b>9</b></p> <p>Pizza Bagel or Cereal &amp; Cinnamon Toast Fresh Apple Choice of Milk</p> <p><b>Turkey Burger</b> Whole Grain Hamburger Bun Sweet Yams Chilled Diced Pears Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Boca Burger</b></p>	<p><b>10</b></p> <p>French Toast Sticks or Cereal &amp; Toast w/Jelly Pineapple Tidbits Choice of Milk</p> <p><b>Chicken Tenders</b> Dinner Roll California Vegetable Blend Mandarin Oranges Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Vegetarian Soy Tenders</b></p>	<p><b>11</b></p> <p>Blueberry Muffin or Cereal Turkey Sausage Patty Fruit Cocktail Choice of Milk</p> <p><b>Philly Cheese Steak</b> Seeded Steak Bun (Half) French Fries Applesauce Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Bean &amp; Cheese Burrito</b></p>	<p><b>12</b></p> <p>Egg &amp; Cheese Biscuit or Cereal &amp; Biscuit w/Jelly Chilled Peaches Choice of Milk</p> <p><b>Homemade Vegetable Soup</b> <b>Turkey &amp; Cheese Sandwich</b> Whole Grain Hoagie Bun (Half) Fresh Orange Half Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Cheese Pizza</b></p>	<p><b>13</b></p> <p>Pancake &amp; Trky Sausage Stick or Cereal &amp; Mini Bagel with Lite Cream Cheese Chilled Diced Pears Choice of Milk</p> <p><b>Grilled Cheese Sandwich</b> Whole Grain Bread Green Beans Glazed Apples Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Grilled Cheese Sandwich</b></p>	
<p><b>16</b></p> 	<p><b>17</b></p> <p>Cinnamon Roll or Cereal Chicken Sausage Patty Pineapple Tidbits Choice of Milk</p> <p><b>Chicken Pasta Alfredo</b> Bread Stick Italian Vegetable Blend Fresh Orange Half Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Cheesy Pasta Alfredo</b></p>	<p><b>18</b></p> <p>Waffle w/Syrup or Cereal Turkey Sausage Patty Chilled Peaches Choice of Milk</p> <p><b>Salisbury Steak</b> Mashed Potatoes &amp; Gravy Dinner Roll Apple Cobbler Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Boca Burger</b></p>	<p><b>19</b></p> <p>Chicken Biscuit Sandwich or Cereal &amp; Biscuit w/Jelly Chilled Diced Pears Choice of Milk</p> <p><b>Lemon Pepper Chicken Wings</b> Corn Bread Collard Greens Fruit Cocktail Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Soy Nuggets</b></p>	<p><b>20</b></p> <p>Scrambled Eggs &amp; Grits or Cereal &amp; Whole Grain Toast Potato Rounds Choice of Milk</p> <p><b>Teriyaki Glazed Chicken Breast</b> Seasoned Rice Sweet Peas Fresh Apple Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Teriyaki Soy Patty</b></p>	
<p><b>23</b></p> <p>French Toast Sticks or Cereal &amp; Cinnamon Toast Fresh Apple Choice of Milk</p> <p><b>CHINESE NEW YEAR</b> <b>Chicken &amp; Veggie Stir Fry</b> Brown Rice Mandarin Oranges Fortune Cookie Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Vegetarian Soy Nuggets</b></p>	<p><b>24</b></p> <p>Apple Cinnamon Loaf or Cereal Turkey Sausage Patty Fruit Cocktail Choice of Milk</p> <p><b>Breaded Chicken Fillet</b> Whole Grain Hamburger Bun French Fries Chilled Diced Pears Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Boca Burger</b></p>	<p><b>25</b></p> <p>Biscuit &amp; Gravy or Cereal Turkey Sausage Patty Chilled Peaches Choice of Milk</p> <p><b>Beef &amp; Bean Chili</b> Baked Potato Half Bread Stick Pineapple Tidbits Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Chili w/Soy Crumble &amp; Beans</b></p>	<p><b>26</b></p> <p>Egg &amp; Cheese Biscuit or Cereal &amp; Biscuit w/Jelly Chilled Applesauce Choice of Milk</p> <p><b>Spaghetti &amp; Turkey Meat Sauce</b> Garlic Toast Garden Salad with Lite Ranch Fresh Orange Half Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Spaghetti w/Soy Crumble Sauce</b></p>	<p><b>27</b></p> <p>Pancake &amp; Trky Sausage Stick or Cereal &amp; Mini Bagel with Lite Cream Cheese Fresh Banana Choice of Milk</p> <p><b>Fish Fry</b> Macaroni &amp; Cheese Green Beans Assorted Mixed Fruit Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Macaroni &amp; Cheese</b></p>	
<p><b>30</b></p> <p>Cinnamon Roll or Cereal Chicken Sausage Patty Pineapple Tidbits Choice of Milk</p> <p><b>Cheese Pizza</b> Garden Salad with Lite Ranch Fresh Apple Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Cheese Pizza</b></p>	<p><b>31</b></p> <p>Waffle w/Syrup or Cereal Turkey Sausage Patty Chilled Peaches Choice of Milk</p> <p><b>Turkey Frank</b> Whole Grain Hot Dog Bun Vegetarian Baked Beans Diced Pears Choice of Milk</p> <p><u>Vegetarian Entrée:</u> <b>Soy Frank</b></p>	<p><b>Lunch &amp; Breakfast Prices</b> Full price lunch - \$3.10 Full price breakfast - \$2.00 Reduced price lunch - \$0.40 Red. price breakfast - \$0.30</p>  <p>1% unflavored and skim milk offered daily.</p> <p><b>Menus are subject to change without notice.</b></p>			 <p style="font-size: 2em; font-weight: bold; text-align: center;">The Kindezi School</p> <p style="text-align: center; color: green;">An Atlanta Public Charter School</p> <p style="font-size: 0.8em;">In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.</p>